

CURRICULUM VITAE

I. Personal data

Full name | Neuza Maria Bernardino da Silva

Birth place, date | Leiria, 06/08/1982

Nationally | Portuguese

National ID | No. 12139756, Leiria, PT

Professional ID | No. 7966, Portuguese Professional Order of Psychologists, Specialist in Clinical and Health Psychology

Institutional address | ☎ Universitätsklinikum Hamburg-Eppendorf (UKE), Institut für Versorgungsforschung in der Dermatologie und bei Pflegeberufen
Quartier am Zeughaus, Christoph-Probst-Weg 3, 20251 Hamburg, Germany

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2. Academic degrees

14. Jul. 2015 | Interuniversity Doctorate (Ph.D.) in Psychology, Specialty Clinical Psychology – Subject area: Family Psychology and Family Intervention, at Faculty of Psychology and Education Sciences, University of Coimbra and Faculty of Psychology, University of Lisbon, Portugal

27 Jul. 2009 | Master's degree (M.Sc.) in Psychology, specialty in Clinical Psychology and Health, subject area: Cognitive-Behavioral Interventions in Psychological Disorders and Health at Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.

18 Jul. 2005 | Bachelor (B.Sc.) in Psychology, pre-specialty in Cognitive-Behavioral Clinical Psychology, at Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.

3. Professional positions

Feb. 2019 – ... | Wissenschaftliche Mitarbeiterin am Universitätsklinikum Hamburg-Eppendorf (UKE), Zentrum für Psychosoziale Medizin, Institut für Versorgungsforschung in der Dermatologie und bei Pflegeberufen (IVDP), Hamburg, Germany.

Jun. 2016 – Jan. 2019 | Postdoctoral researcher at the Faculty of Psychology and Education Sciences of the University of Coimbra, Portugal, and invited scientist at the Institut und Poliklinik für Medizinische Psychologie, Zentrum für Psychosoziale Medizin, Universitätsklinikum Hamburg-Eppendorf (UKE), Germany.

Sep. 2015 – Mai 2016 | Assistant professor at the School of Psychology and Life Sciences of the Universidade Lusófona, Lisbon, Portugal.

Jan. 2011 – Jul. 2015 | Doctoral fellow at the Faculty of Psychology and Education Sciences of the University of Coimbra, Portugal.

Jul. 2010 – Nov. 2010 | Teacher in Education and Training Courses for Adults, area: Support Services for Children and Youth, at ADAE – Associação de Desenvolvimento da Alta Estremadura, Leiria, Portugal.

Feb. 2007 – Jan. 2009 | Professional internship in social facilities for childcare at VIDA PLENA – Associação de Solidariedade Social de Leiria, Portugal.

Oct. 2004 – Jul. 2005 | Academic internship at the Psychiatric Department of the Coimbra University Hospital, Coimbra, Portugal.

4. Professional and scientific associations

- 2019 | Member of the Center for Health Care Research (CHCR), Universitätsklinikum Hamburg-Eppendorf (UKE) and Universität Hamburg (UHH)
- 2018 | International Affiliate member of the American Psychological Association (APA, member ID: 00193468)
- 2018 | Member of The International Society for Quality of Life Research (ISOQOL)
- 2017 | Member of the European Association of Psychological Assessment (EAPA, member ID: 1101322)
- 2013 | Member of the Society of Pediatric Psychology – American Psychological Association (APA), Division 54
- 2010 | Full member of the Portuguese Professional Order of Psychologists, identity no. 7966.

5. Management activities

- Dec. 2016 – Dec. 2017 | Elected member of the Scientific Committee of the R&D Unit Center for Research in Neuropsychology and Cognitive Behavioral Intervention of the University of Coimbra, Portugal.
- Jul. 2013 – Jul. 2015 | Full member of the Assembly of Representatives (in representation of Ph.D. students) of the Faculty of Psychology and Education Sciences of the University of Coimbra, Portugal.

6. Scientific activity

6.1. Research projects

- 2019 – 2021 | Co-investigator in the research project *Association of anogenital psoriasis, stigmatization and sexuality - new insights for optimized disease management (PsoGen)*, funded by Eli Lilly and Company (290.183,00€, Ref.: IIF-NS-O006) and conducted at the UKE Institut für Versorgungsforschung in der Dermatologie und bei Pflegeberufen (IVDP), Germany.
- 2019 – 2021 | Co-investigator in the research project *Understanding patient choices in value-based psoriasis care: Identification of patient motives for using Apremilast (PsoValue)*, funded by Celgene International Sarl (392.238,39€; Ref.: AP-CL-PSOR-PI-13635) and conducted at the UKE Institut für Versorgungsforschung in der Dermatologie und bei Pflegeberufen (IVDP), Germany.
- 2018 – 2019 | Researcher in the research project *Significance of chronic pruritus for social stress and disfigurement in psoriasis - health care study to characterize the need for action and awareness (Pruri-Impact)*, funded by LEO Pharma GmbH (42.000,00€) and conducted at the UKE Institut für Versorgungsforschung in der Dermatologie und bei Pflegeberufen (IVDP), Germany.
- 2017 – 2023 | Principal investigator (PI) in the research project *Assessing health-related quality of life in pediatric patients with chronic health conditions across and beyond Europe: Development and validation of a cross-cultural computer-adaptive testing (CAT) based on the KIDSCREEN/DISABKIDS measurement system*, funded by the Portuguese Foundation for Science and Technology (Ref. SFRH/BPD/116841/2016) and conducted at the Faculty of Psychology and Education Sciences, University of Coimbra, Portugal, and at the UKE Institut und Poliklinik für Medizinische Psychologie, Germany.
- 2017 – 2020 | Principal investigator (PI) in the research project *The QOLISSY project in Portugal: Cultural adaptation and validation of quality of life questionnaires for children and adolescents with short stature*, funded by the Center for Research in Neuropsychology and Cognitive Behavioral Intervention (PEst-OE/PSI/UI0730/2014) and conducted at the Faculty of Psychology and Education Sciences, University of Coimbra, and the Integrated Pediatric Hospital of São João Hospital, Portugal.

2013 – 2016	External researcher in the project <i>Health-related quality of life of short statured children in the course of growth hormone treatment</i> , funded by Pfizer Ltd., Specialty Care MDG, Endocrinology, and conducted at the UKE Institut und Poliklinik für Medizinische Psychologie, Germany.
2012 – 2015	External researcher in the project <i>The QoLISSY Project – Quality of Life in Short Stature Youth</i> , funded by Pfizer Ltd., Specialty Care MDG, Endocrinology, and conducted at the UKE Institut und Poliklinik für Medizinische Psychologie, Germany.
2011 – 2014	Principal investigator (PI) in the research project <i>Growing up with asthma: Individual and family adaptation to pediatric asthma</i> , funded by the Portuguese Foundation for Science and Technology (Ref. SFRH/BD/69885/2010) and conducted at the Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.
2008 – 2011	Researcher in <i>The DISABKIDS project in Portugal: Quality of life assessment in children and adolescents with chronic health conditions</i> , funded by the Portuguese Fundação Calouste Gulbenkian (12.000,00€, Ref. ^a 96783-AS) and conducted at the Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.

6.2. Publications

6.2.1. Theses and dissertations

Silva, N. (2015). *Growing up with asthma: Adaptation processes and outcomes in children and adolescents with asthma and their parents* (Unpublished doctoral thesis). Faculty of Psychology and Education Sciences, University of Coimbra, Portugal. URI: <http://hdl.handle.net/10316/28303>

Silva, N. (2009). *Qualidade de vida e saúde mental de crianças e adolescentes com epilepsia e dos seus cuidadores familiares: Estudo com a versão portuguesa do DISABKIDS-37* [Quality of life and mental health of children and adolescents with epilepsy and their family caregivers: Study with the Portuguese version of DISABKIDS-37] (Unpublished master's dissertation). Faculty of Psychology and Education Sciences, University of Coimbra, Portugal. URI: <http://hdl.handle.net/10316/14508>

6.2.2. Chapters in books

Carona, C., Pereira, M., Canavarro, M. C., & Silva, N. (2017). Escala de Desgaste do Cuidador Familiar (EDCF) [Family Caregiver Burden Measure]. In M. M. Gonçalves, M. R. Simões, & L. S. Almeida (Coord.), *Psicologia clínica e da saúde: Instrumentos de avaliação* (pp. 73-87). Lisboa: PACTOR. URI: <http://hdl.handle.net/10316/45394>

Crespo, C., & Silva, N. (2014). Parents with asthmatic children, Quality of life. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life and Well-Being Research* (pp. 4611-4618). Dordrecht, The Netherlands: Springer. URL: <http://link.springer.com/referencework/10.1007/978-94-007-0753-5>

Silva, N., Santos, S., Carona, C., Crespo, C., & Canavarro, M. C. (2012). Apoio social e qualidade de vida em crianças e adolescentes: O papel moderador da gravidade da asma [Social support and quality of life in children and adolescents: The moderating role of asthma severity]. In J. L. Pais-Ribeiro, I. Leal, A. Pereira, & S. Monteiro (Eds.), *Psicologia da saúde: Desafios à promoção da saúde em doenças crónicas* (pp. 258-264). Lisboa: Placebo. URI: <http://hdl.handle.net/10316/20775>

Silva, N., Carona, C., & Canavarro, M. C. (2010). Qualidade de vida, saúde mental e desgaste das mães de crianças e adolescentes com condições crónicas de saúde [Quality of life, mental health and caregiving burden in mothers of children and adolescents with chronic health conditions]. In I. Leal & J. L. Pais-Ribeiro (Eds.), *Psicologia da saúde: Sexualidade, género e saúde* (pp. 165-174). Lisboa: ISPA. URI: <http://hdl.handle.net/10316/14509>

6.2.3. Papers in international peer-reviewed journals

Silva, N. (2020, in press). Invited commentary on “Assessing paediatric HrQoL in diabetes: Semantic and pilot validation study of the Portuguese versions of DISABKIDS-DM condition-specific module” by Plaza et al. *Central European Journal of Paediatrics*, 16(1), doi:10.5457/p2005-114.71

Adedeji, A., Silva, N., & Bullinger, M. (2019). Cognitive and structural social capital as predictors of quality of life for sub-Saharan African migrants in Germany. *Applied Research in Quality of Life*. Advance online publication. doi:10.1007/s11482-019-09784-3

Silva, N., von Stülpnagel, C., Langenbruch, A., Danckworth, A., Augustin, M., & Sommer, R. (2019). Disease burden and patient needs and benefits in emerging adults and adults with anogenital psoriasis: Developmental specificities for person-centered healthcare. *Journal of the European Academy of Dermatology and Venereology*. Advance online publication. doi:10.1111/jdv.16076

Alves-Nogueira, A. C., Silva, N., McConachie, H., & Carona, C. (2020). A systematic review on quality of life assessment in adults with cerebral palsy: Challenging issues and a call for research. *Research in Developmental Disabilities*, 96, 103514. doi:10.1016/j.ridd.2019.103514

Augustin, M., Langenbruch, A., Blome, C., Gutknecht, M., Werfel, T., Ständer, S., Steinke, S., Kirsten, N., Silva, N., & Sommer, R. (2020). Characterising treatment-related patient needs in atopic eczema: Insights for personalised goal orientation. *Journal of the European Academy of Dermatology and Venereology*, 34(1), 142-152. doi:10.1111/jdv.15919

Bloemeke, J., Silva, N., Bullinger, M., Witt, S., Dörr, H.-G., & Quitmann, J. (2019). Psychometric properties of the quality of life in short statured youth (QoLISSY) questionnaire within the course of growth hormone treatment. *Health and Quality of Life Outcomes*, 17, 49. doi:10.1186/s12955-019-1118-9

Drosatou, C., Vlachopapadopoulou, E. A., Bullinger, M., Quitmann, J., Silva, N., Salemi, G., Pavlopoulou, I., Michalacos, S., & Tsoumacas, K. (2019). Validation of the Greek version of Quality of Life in Short Stature Youth (QoLISSY) questionnaire. *Journal of Pediatric Endocrinology and Metabolism*, 32(3), 215-224. doi:10.1515/jpem-2018-0403

Quitmann, J., Bloemeke, J., Dörr, H.-G., Bullinger, M., Witt, S., & Silva, N. (2019). First year predictors of health-related quality of life changes in short statured children treated with human growth hormone. *Journal of Endocrinological Investigation*, 42(9), 1067-1076. doi:10.1007/s40618-019-01027-4

Quitmann, J., Bloemeke, J., Silva, N., Bullinger, M., Witt, S., Akkurt, I., Dunstheimer, D., Vogel, C., Böttcher, V., Kuhnle Krahl, U., Bettendorf, M., Schönau, E., Fricke-Otto, S., Keller, A., Mohnike, K., & Dörr, H.-G. (2019). Quality of life of short-statured children born small for gestational age or idiopathic growth hormone deficiency within 1 year of growth hormone treatment. *Frontiers in Pediatrics*, 7, 164. doi:10.3389/fped.2019.00164

Silva, N., Pereira, M., Otto, C., Ravens-Sieberer, U., Canavarro, M. C., & Bullinger, M. (2019). Do 8- to 18-year-old children/adolescents with chronic physical health conditions have worse health-related quality of life than their healthy peers? A meta-analysis of studies using the KIDSCREEN questionnaires. *Quality of Life Research*, 28(7), 1725-1750. doi:10.1007/s11136-019-02189-7

Silva, N., Bullinger, M., Moreira, H., Canavarro, M. C., & Carona, C. (2018). Establishing priorities for psychological interventions in pediatric settings: A decision-tree approach using the DISABKIDS-10 Index as a screening instrument. *PLoS One*, 13(5), e0198402. doi:10.1371/journal.pone.0198402

Silva, N., Bullinger, M., Sommer, R., Rohenkohl, A., Witt, S., & Quitmann, J. (2018). Children's psychosocial functioning and parents' quality of life in pediatric short stature: The mediating role of caregiving stress. *Clinical Psychology & Psychotherapy*, 25(1), e107-e118. doi:10.1002/cpp.2146

Carona, C., Moreira, H., & Silva, N. (2016). Therapeutic applications of mindfulness in paediatric settings. *BJPsych Advances*, 22(1), 16-24. doi:10.1192/apt.bp.114.014209

Moreira, H., Carona, C., Silva, N., Nunes, J., & Canavarro, M. C. (2016). Exploring the link between maternal attachment-related anxiety and avoidance and mindful parenting: The mediating role of self-compassion. *Psychology and Psychotherapy: Theory, Research and Practice*, 89(4), 369-384. doi:10.1111/papt.12082

Quitmann, J., Bullinger, M., Sommer, R., Rohenkohl, A., & Silva, N. (2016). Associations between psychological problems and quality of life in pediatric short stature from patients' and parents' perspectives. *PLoS One*, 11(4), e0153953. doi:10.1371/journal.pone.0153953

Quitmann, J., Rohenkohl, A., Sommer, R., Bullinger, M., & Silva, N. (2016). Explaining parent-child (dis)agreement in generic and short stature-specific health-related quality of life reports: Do family and social relationships matter? *Health and Quality of Life Outcomes*, 14, 150. doi:10.1186/s12955-016-0553-0

Carona, C., Silva, N., & Moreira, H. (2015). Applying a developmental approach to quality of life assessment in children and adolescents with psychological disorders: Challenges and guidelines. *Expert Review of Pharmacoeconomics & Outcomes Research*, 15(1), 47-70. doi:10.1586/14737167.2015.972377

Carona, C., Silva, N., Moreira, H., Canavarro, M. C., & Bullinger, M. (2015). Does the small fit them all? The utility of Disabkids-10 Index for the assessment of pediatric health-related quality of life across age-groups, genders, and informants. *Journal of Child Health Care*, 19(4), 466-477. doi:10.1177/1367493514522867

Moreira, H., Gouveia, M. J., Carona, C., Silva, N., & Canavarro, M. C. (2015). Maternal attachment and children's quality of life: The mediating role of self-compassion and parenting stress. *Journal of Child and Family Studies*, 24(8), 2332-2344. doi:10.1007/s10826-014-0036-z

Silva, N., Carona, C., Crespo, C., & Canavarro, M. C. (2015). Caregiving burden and uplifts: A contradiction or a protective partnership for the quality of life of parents and their children with asthma? *Journal of Family Psychology*, 29(2), 151-161. doi:10.1037/fam0000071

Silva, N., Carona, C., Crespo, C., & Canavarro, M. C. (2015). Quality of life in pediatric asthma patients and their parents: A meta-analysis on 20 years of research. *Expert Review of Pharmacoeconomics & Outcomes Research*, 15(3), 499-519. doi:10.1586/14737167.2015.1008459

Silva, N., Crespo, C., Carona, C., Bullinger, M., & Canavarro, M. C. (2015). Why the (dis)agreement? Family context and child-parent perspectives on health-related quality of life and psychological problems in pediatric asthma. *Child: Care, Health and Development*, 41(1), 112-121. doi:10.1111/cch.12147

Silva, N., Crespo, C., Carona, C., & Canavarro, M. C. (2015). Mapping the caregiving process in paediatric asthma: Parental burden, acceptance and denial coping strategies and quality of life. *Psychology & Health*, 30(8), 949-968. doi:10.1080/08870446.2015.1007981

Bullinger, M., Quitmann, J., Silva, N., Rohenkohl, A., Chaplin, J. E., DeBusk, K., Mimoun, E., Feigerlova, E., Herdman, M., Sanz, D., Wollmann, H., Pleil, A., & Power, M. (2014). Cross-cultural equivalence of the patient- and parent-reported Quality of Life in Short Stature Youth (QoLISSY) Questionnaire. *Hormone Research in Pediatrics*, 82(1), 18-30. doi:10.1159/000358832

Carona, C., Moreira, H., Silva, N., Crespo, C., & Canavarro, M. C. (2014). Social support and adaptation outcomes in children and adolescents with Cerebral Palsy. *Disability and Rehabilitation*, 36(7), 584-592. doi:10.3109/09638288.2013.804596

Carona, C., Silva, N., Crespo, C., & Canavarro, M. C. (2014). Caregiving burden and parent-child quality of life outcomes in neurodevelopmental conditions: The mediating role of behavioral disengagement. *Journal of Clinical Psychology in Medical Settings*, 21(4), 320-328. doi:10.1007/s10880-014-9412-5

Carona, C., Silva, N., Moreira, H., Barros, L., & Canavarro, M. C. (2014). Pediatric health-related stress, coping and quality of life. *Paediatrics Today*, 10(2), 112-128. doi:10.5457/p2005-114.97

Silva, N., Carona, C., Crespo, C., Bullinger, M., & Canavarro, M. C. (2014). The Portuguese DISABKIDS Asthma Module: A global index of asthma-specific quality of life for children and adolescents. *Journal of Asthma*, 51(6), 645-651. doi:10.3109/02770903.2014.885042

Silva, N., Crespo, C., & Canavarro, M. C. (2014). Transactional paths between children and parents in pediatric asthma: Associations between family relationships and adaptation. *Journal of Child and Family Studies*, 23(2), 360-372. doi:10.1007/s10826-013-9734-1

Carona, C., Crespo, C., Silva, N., Lopes, A. F., Canavarro, M. C., & Bullinger, M. (2013). Examining a developmental approach to health-related quality of life assessment: Psychometric analysis of DISABKIDS Generic Module in a Portuguese sample. *Vulnerable Children and Youth Studies*, 8(3), 243-257. doi:10.1080/17450128.2012.

Carona, C., Pereira, M., Moreira, H., Silva, N., & Canavarro, M. C. (2013). The disability paradox revisited: Quality of life and family caregiving in pediatric cerebral palsy. *Journal of Child and Family Studies*, 22(7), 971-986. doi:10.1007/s10826-012-9659-0

Moreira, H., Carona, C., Silva, N., Frontini, R., Bullinger, M., & Canavarro, M. C. (2013). Psychological and quality of life outcomes in pediatric populations: A parent-child perspective. *Journal of Pediatrics*, 163(5), 1471-1478. doi:10.1016/j.jpeds.2013.06.028

Silva, N., Bullinger, M., Quitmann, J., Ravens-Sieberer, U., Rohenkohl, A., & The QoLISSY Group (2013). Health-related quality of life of European children and adolescents with short stature as assessed with generic (KIDSCREEN) and chronic-generic (DISABKIDS) instruments. *Expert Review of Pharmacoeconomics & Outcomes Research*, 13(6), 817-827. doi:10.1586/14737167.2013.847366

Santos, S., Crespo, C., Silva, N., & Canavarro, M. C. (2012). Quality of life and adjustment in youths with asthma: The contributions of family rituals and the family environment. *Family Process*, 51(4), 557-569. doi:10.1111/j.1545-5300.2012.01416.x

Crespo, C., Carona, C., Silva, N., Canavarro, M. C., & Dattilio, F. (2011). Understanding quality of life in children with asthma and their parents: Family resources and challenges. *Journal of Contemporary Family Therapy*, 33(2), 179-196. doi:10.1007/s10591-011-9155-5

6.2.4. Papers in national peer-reviewed journals/ conference proceedings (full-texts)

Meira, J., Nazaré, B., & Silva, N. (2018). Estudos psicométricos da versão portuguesa do Transition Readiness Assessment Questionnaire (TRAQ) [Psychometric studies of the Portuguese version of the Transition Readiness Assessment Questionnaire (TRAQ)]. *Psicologia, Saúde, & Doenças*, 19(1), 109-115. doi:10.15309/18psd190116

Reis, J., Pires, R., & Silva, N. (2017). Locus de controlo e adesão terapêutica em adultos emergentes e adultos com condições crónicas de saúde: O papel moderador do grupo etário [Locus of control and adherence to treatments in adults and emerging adults with chronic health conditions: The moderating role of age-group]. *Revista Psicologia*, 31(2), 89-104. doi:10.17575/rpsicol.v31i2.1223

Silva, N., Carona, C., Crespo, C., & Canavarro, M. C. (2014). Parental positive meaning-making when caregiving for children with asthma. *Psicologia, Saúde, & Doenças*, 15(1), 155-169. doi:10.15309/14psd150113

Silva, N., Carona, C., Crespo, C., & Canavarro, M. C. (2011). Avaliação da qualidade de vida em crianças e adolescentes com asma: Validação semântica e estudo piloto do DISABKIDS – Módulo para a Asma [Assessing quality of life in children and adolescents with asthma: Semantic validation and pilot study of the DISABKIDS – Asthma Module]. In A. S. Ferreira, A. Verhaeghe, D. R. Silva, L. S. Almeida, R. Lima, & S. Fraga (Eds.), *Actas do VIII Congresso Ibero-Americano de Avaliação/ Evaluación Psicológica – XV Conferência Internacional Avaliação Psicológica: Formas e Contextos* (pp. 1428-1441). Lisboa: Sociedade Portuguesa de Psicologia.

URI: <http://hdl.handle.net/10316/20778>

6.3. Communications in scientific conferences

6.3.1. Invited oral communications

Silva, N., Augustin, M., Langenbruch, A., Mrowietz, U., Reich, K., Thaçi, D., Boehncke, W.-H., Kirsten, N., Danckworth, A., & Sommer, R. (2019, October). Sex-related impairments and patient needs in anogenital psoriasis: Difficult to communicate topics and their impact on patient-centred care. Press briefing at the 28th European Academy of Dermatology and Venereology (EADV) Congress, Madrid, Spain.

Silva, N. (2018, May). *Future perspectives for quality of life assessment in children and adolescents with chronic health conditions using the KIDSCREEN/DISABKIDS questionnaires*. Seminar (2h) presented at the Department Health and Prevention, Institute of Psychology, Ernst-Moritz-Arndt-University of Greifswald, Germany (by invitation of Prof. Dr. phil. Silke Schmidt and Dr. phil. Holger Mühlau).

Silva, N., & Chaplin, J. E. (2018, May). *Quality of life for children and young people with a chronic illness: Development and future perspectives for the KIDSCREEN/DISABKIDS questionnaires*. Seminar (5h) presented at the Queen Silvia Children's Hospital, Department of Pediatrics at Institute of Clinical Sciences (Växthuset), Sahlgrenska Academy at the University of Gothenburg, Göteborg, Sweden (by invitation of Prof. Dr. John Chaplin).

6.3.2. Oral communications (as first/presenting author)

Silva, N., Augustin, M., Langenbruch, A., Dankworth, A., & Sommer, R. (2019, October). *Disease burden and patient needs in emerging adults and adults with psoriasis: Addressing developmental specificities for person-centered healthcare*. Oral communication presented at the 18. Deutscher Kongress für Versorgungsforschung (DKVF), Berlin, Germany.

Langenbruch, A., Andrees, V., Augustin, M., Radtke, M., Czarnecka-Operacz, M., Reich, A., Szepietowski, J., Narbutt, J., Silva, N., & Zander, N. (2019, October). *Shared decision-making in psoriasis treatment – Results of the “PsoBarrier” study in Poland and Germany*. Oral e-poster presented at the 28th European Academy of Dermatology and Venereology (EADV) Congress, Madrid, Spain.

Silva, N., Pereira, M., Otto, C., Ravens-Sieberer, U., Canavarro, M. C., & Bullinger, M. (2019, September). *Quality of life profile in children/adolescents with chronic conditions: A meta-analysis with the KIDSCREEN questionnaires*. Symposium presented at the 14. Kongress der Fachgruppe Gesundheitspsychologie, Greifswald, Germany.

Silva, N., Pereira, M., Otto, C., Ravens-Sieberer, U., Canavarro, M. C., & Bullinger, M. (2018, October). *Do children/adolescents with chronic health conditions have worse HrQoL than their healthy peers? A meta-analysis of studies using the KIDSCREEN questionnaires*. Oral communication presented at the ISOQOL 25th Annual Conference, Dublin, Ireland.

Silva, N., Almeida, J. P., Bullinger, M., Magalhães, M. F., & Canavarro, M. C. (2018, September). *Qualidade de vida em crianças e adolescentes com baixa estatura: Validação semântica e estudo-piloto das versões portuguesas dos questionários QoLISSY [Quality of life in children and adolescents with short stature: Semantic validation and pilot study of the Portuguese versions of the QoLISSY questionnaires]*. Symposium conducted at the 10º congresso AIDAP/AIDEP: Diagnóstico e avaliação psicológica, Coimbra, Portugal.

Silva, N., Pires, R., Diniz, E., Pereira, M., Koller, S. H., & Canavarro, M. C. (2018, January). *Etiologia da gravidez na adolescência: Comparaçāo transcultural entre Portugal e Brasil [Etiology of adolescent pregnancy: A cross-cultural comparison between Portugal and Brazil]*. Symposium conducted at the 12º Congresso Nacional de Psicologia da Saúde, ISPA-Instituto Universitário, Lisbon, Portugal.

Silva, N., Moreira, H., Canavarro, M. C., & Carona, C. (2016, November). *Screening for psychological problems in children and adolescents: A decision tree approach using the KIDSCREEN-10 Index*. Symposium conducted at the II International Congress of Clinical and Health Psychology on Children and Adolescents, Barcelona, Spain.

Silva, N., Rohenkohl, A., Sommer, R., Bullinger, M., & Quitmann, J. (2016, October). *Explaining parent-child (dis)agreement in generic and short stature-specific health-related quality of life reports: Do family and social relationships matter?* Symposium conducted at the ISOQOL 23rd Annual Conference: Successful strategies for dealing with the challenges in quality of life research, Copenhagen, Denmark.

Silva, N., Moreira, H., Carona, C., & Canavarro, M. C. (2016, January). *Perfis de risco para problemas psicológicos em contextos de doença crónica pediátrica com base em árvores de decisão [Decision tree-based risk profiles for psychological problems in the context of pediatric chronic health conditions]*. Symposium conducted at the 11º Congresso Nacional de Psicologia da Saúde, Lisboa, Portugal.

Silva, N., Carona, C., Moreira, H., & Canavarro, M. C. (2015, November). *Prestação de cuidados parentais e qualidade de vida em contextos normativos e pediátricos: Apoio social como recurso/fator protetor [Parental caregiving and quality of life in normative and pediatric contexts: Social support as a resource/protective factor]*. Symposium conducted at the III Congresso Nacional da Associação Portuguesa de Terapia do Comportamento (APTC), Coimbra, Portugal.

Silva, N., Carona, C., Crespo, C., & Canavarro, M. C. (2014, February). *Significações parentais positivas na prestação de cuidados a crianças/adolescentes com asma* [Parental positive meaning-making when caregiving for children with asthma]. Symposium conducted at the 10º Congresso Nacional de Psicologia da Saúde, Porto, Portugal.

Silva, N., Carona, C., Moreira, H., Crespo, C., Bullinger, M., & Canavarro, M. C. (2013, September). *The role of psychological adjustment on the health-related quality of life of children and adolescents with chronic conditions as assessed with DISABKIDS-12 questionnaires*. Symposium conducted at the 22º World Congress on Psychosomatic Medicine, Lisbon, Portugal.

Silva, N., Carona, C., Crespo, C., & Canavarro, M. C. (2013, June). *Novos desenvolvimentos na avaliação da qualidade de vida pediátrica em Portugal: Estudo psicométrico do DISABKIDS - módulo específico para a asma* [New developments in the assessment of pediatric quality of life in Portugal: Psychometric study of the DISABKIDS – Asthma Module]. Symposium conducted at the VIII Simpósio Nacional de Investigação em Psicologia, Aveiro, Portugal.

Silva, N., Crespo, C., & Canavarro, M. C. (2012, September). *Perceptions of family environment and adjustment of children and parents: A transactional study in pediatric asthma*. Oral communication presented at the 42º Annual EABCT (European Association for Behavioural and Cognitive Therapies) Congress, Geneva, Switzerland.

Silva, N., Crespo, C., & Canavarro, M. C. (2012, August). *Links between family environment and adjustment of children with asthma: The moderating role of asthma severity and control*. Oral communication presented at the 42º Annual EABCT (European Association for Behavioural and Cognitive Therapies) Congress, Geneva, Switzerland.

Silva, N., Santos, S., Crespo, C., Carona, C., & Canavarro, M. C. (2012, February). *Apoio social e qualidade de vida em crianças e adolescentes: O papel moderador da gravidade da asma* [Social support and quality of life in children and adolescents: The moderating role of asthma severity]. Symposium conducted at the 9º Congresso Nacional de Psicologia da Saúde, Aveiro, Portugal.

Silva, N., Carona, C., Crespo, C., & Canavarro, M. C. (2011, July). *Avaliação da qualidade de vida em crianças e adolescentes com asma: Validação semântica e estudo piloto do DISABKIDS – Módulo para a Asma* [Assessing quality of life in children and adolescents with asthma: Semantic validation and pilot study of the DISABKIDS – Asthma Module]. Symposium conducted at the VIII Congresso Iberoamericano de Avaliação Psicológica, Lisboa, Portugal.

Silva, N., Carona, C., Crespo, C., & Canavarro, M. C. (2011, February). *Avaliação e compreensão da concordância/discordância entre pais e filhos na avaliação da qualidade de vida de crianças e adolescentes com asma* [Assessment and understanding of parent-child agreement/disagreement in reporting quality of life of children and adolescents with asthma]. Oral communication presented at the I Congresso Internacional de Psicologia do Desenvolvimento, Lisboa, Portugal.

6.3.3. Poster communications (as first/presenting author)

Silva, N., Augustin, M., Ständer, S., von Stülpnagel, C., Hubo, M., Hutt, H. J., & Sommer, R. (2020, February). *Impact of pruritus in patients with psoriasis: Associations between disease burden, patient needs and interpersonal experiences*. Poster session presented at the Dermatologie KOMPAKT & PRAXISNAH 2020, Dresden, Germany.

Silva, N., Augustin, M., Langenbruch, A., Mrowietz, U., Thaci, D., Boehncke, H. W., & Sommer, R. (2019, October). *Sex-related impairments and patient needs in anogenital psoriasis: Difficult to communicate topics and their impact on patient-centred care*. E-poster presented at the 28th European Academy of Dermatology and Venereology (EADV) Congress, Madrid, Spain.

Silva, N., Augustin, M., Langenbruch, A., Mrowietz, U., Thaci, D., Boehncke, H. W., & Sommer, R. (2019, October). *Topology of psoriasis in sexually sensitive and visible body areas: Disease burden and patient needs in routine care*. E-poster presented at the 28th European Academy of Dermatology and Venereology (EADV) Congress, Madrid, Spain.

Silva, N., Augustin, M., Langenbruch, A., Danckworth, A., & Sommer, R. (2019, May). *Disease burden and patient needs related to sensitive body areas in patients with psoriasis: Results from routine care*. Poster session presented at the 50. Jahrestagung der Deutschen Dermatologischen Gesellschaft (DDG), Berlin, Germany.

Silva, N., dos Santos, C. B., Carona, C., Nunes, S., Moreira, H., Fegadolli, C., Canavarro, M. C., & Bullinger, M. (2018, October). *Same language, different culture: Differential item functioning and factor structure of the DISABKIDS-37 questionnaire in Portuguese and Brazilian children/adolescents with asthma and diabetes*. Poster session presented

at the ISOQOL 25th Annual Conference, Dublin, Ireland.

Silva, N., Carona, C., Canavarro, M. C., & Bullinger, M. (2018, September). *Cross-cultural comparison of pediatric asthma-related quality of life between Portugal and other European countries: Measurement invariance and differential item functioning of the DISABKIDS Asthma Module*. Poster session presented at the European Pediatric Psychology Conference 2018, Ghent, Belgium.

Silva, N., Carona, C., Moreira, H., Crespo, C., & Canavarro, M. C. (2014, September). *Broadening the caregiving experience for promoting quality of life in children/adolescents with asthma*. Poster session presented at the 2nd International Paediatric Psychology Conference in Europe, Amsterdam, The Netherlands.

Silva, N., Loureiro, G., Santos, S., Calado, G., Carona, C., Crespo, C., Canavarro, M. C., & Segorbe-Luís, A. (2011, October). *Qualidade de vida e psicopatologia em crianças e adolescentes com asma brônquica* [Quality of life and psychopathology in children and adolescents with bronchial asthma]. Poster session presented at the XXXII Reunião Anual da Sociedade Portuguesa de Alergologia e Imunologia Clínica, Porto, Portugal.

Silva, N., Carona, C., & Canavarro, M. C. (2010, February). *Qualidade de vida, saúde mental e desgaste das mães de crianças e adolescentes com condições crónicas de saúde* [Quality of life, mental health and caregiving burden in mothers of children and adolescents with chronic health conditions]. Poster session presented at the 8º Congresso Nacional de Psicologia da Saúde, Lisbon, Portugal.

6.4. Prizes and awards

24/04/2017	Seal of Excellence attributed by the European Commission, to the project proposal KIDIQoL-EU – <i>Unifying assessment of health-related quality of life in children with chronic health conditions across Europe through the KIDSCREEN/DISABKIDS measurement system</i> (project proposal 746105), submitted under the Horizon 2020's Marie Skłodowska-Curie actions call H2020-MSCA-IF-2016 by Neuza Silva and the Universitätsklinikum Hamburg-Eppendorf.
03/04/2017	Prize for Best Poster attributed by the Universidade Lusófona (Lisbon), to the work <i>Percepção de stress, apoio social e qualidade de vida em jovens adultos e adultos com condições crónicas de saúde</i> [Stress appraisal, social support and quality of life in young adults and adults with chronic health conditions], poster presented by M. Brandão, R. Pires, & N. Silva.
08/02/2014	Prize for Researcher of Merit attributed by the Portuguese Society for Health Psychology, to the work <i>Parental positive meaning-making when caregiving for children with asthma</i> , oral communication presented by N. Silva, C. Carona, C. Crespo, & M. C. Canavarro.
11/02/2012	Prize for Young Researcher of Merit attributed by the Portuguese Society for Health Psychology, to the work <i>Apoio social e qualidade de vida em crianças e adolescentes: O papel moderador da gravidade da asma</i> [Social support and quality of life in children and adolescents: The moderating role of asthma severity], oral communication presented by N. Silva, C. Carona, C. Crespo, & M. C. Canavarro.
12/10/2010	Honorable mention for work elaborated by students of the Integrated Master attributed by the Faculty of Psychology and Education Sciences of the University of Coimbra, to the work <i>Qualidade de vida e psicopatologia em crianças e adolescentes com condições crónicas de saúde: Uma perspectiva familiar</i> [Quality of life and psychopathology in children and adolescents with chronic health conditions: A family perspective], oral communication presented by N. Silva, C. Carona, & M. C. Canavarro.
13/02/2010	Prize for Young Researcher of Merit attributed by the Portuguese Society for Health Psychology, to the work <i>Qualidade de vida, saúde mental e desgaste das mães de crianças e adolescentes com condições crónicas de saúde</i> [Quality of life, mental health and caregiving burden in mothers of children and adolescents with chronic health conditions], poster presented by N. Silva, C. Carona, & M. C. Canavarro.

6.5. Editorial participation in scientific journals

Since:	# reviewed papers:	
Dec. 2019	Reviewer for the journal <i>Acta Dermato-Venereologica</i> . Uppsala, Sweden: Society for Publication of Acta Dermato-Venereologica. [ISSN: 0001-5555; eISSN: 1651-2057]	1
Jan. 2019	Reviewer for the <i>European Journal of Health Psychology</i> . USA, Boston, MA: Hogrefe Publishing Corp. [ISSN 2512-8442; eISSN: 2512-8450]	1
Jul. 2018	Reviewer of the journal <i>Quality of Life Research</i> . Dordrecht, The Netherlands: Springer International Publishing. [ISSN: 0962-9343; eISSN: 1573-2649]	6
Jun. 2018	Reviewer of the journal <i>Disability and Rehabilitation</i> . United Kingdom: Taylor & Francis Ltd. [ISSN: 0963-8288]	1
Jun. 2017	Reviewer of the journal <i>Current Medical Research & Opinion</i> . United Kingdom: Taylor & Francis Ltd. [ISSN: 0300-7995; eISSN: 1473-4877]	1
Apr. 2017	Reviewer of the journal <i>Clinical Psychology & Psychotherapy</i> . United Kingdom: Wiley-Blackwell. [ISSN: 1063-3995]	1
Feb. 2017	Reviewer of the <i>Journal of International Medical Research</i> . United Kingdom: SAGE Publications. [ISSN: 0300-0605]	1
Jan. 2017	Reviewer of the journal <i>Pediatric Pulmonology</i> . United States: Wiley-Blackwell. [ISSN: 8755-6863; eISSN: 1099-0496]	1
Nov. 2016	Reviewer of the <i>Journal of Asthma</i> . United States: Taylor & Francis Ltd. [ISSN: 0277-0903; eISSN: 1532-4303]	5
Jun. 2016	Reviewer of the journal <i>Clinical & Experimental Allergy</i> . United Kingdom: Wiley-Blackwell [ISSN: 0954-7894; eISSN: 1365-2222]	2
May 2016	Reviewer of the journal <i>Psychologica</i> . Portugal: Coimbra University Press [ISSN: 1647-8606]	2
Mar. 2016	Reviewer of the <i>Journal of Adolescence</i> . United States: Academic Press Ltd., Elsevier Science Ltd. [ISSN: 0140-1971]	1
Dec. 2015	Reviewer of the <i>BMC Pulmonary Medicine</i> . London, UK: BioMed Central, Ltd., Springer Science + Business Media. [ISSN: 1471-2466]	1
Aug. 2015	Reviewer of the <i>Journal of Child and Family Studies</i> . United States: Springer [ISSN: 1062-1024; eISSN: 1573-2843]	3
Jul. 2015	Reviewer of the <i>PLoS One</i> . San Francisco, CA: Public Library Science. [ISSN: 1932-6203]	2
Feb. 2015	Reviewer of the <i>World Journal of Pediatrics</i> . Zhejiang, China: Zhejiang University School of Medicine [ISSN: 1708-8569; eISSN: 1867-0687]	1

7. Teaching activities

7.1. Teaching experience

	# hours:	
10 Dec. 2019	Seminar <i>Telemedicine in mental health care</i> , in the module “Telemedicine” of the 2 nd Track Digital Health of the integrated study course Medicine Hamburg (iMED). Universitätsklinikum Hamburg-Eppendorf, Germany.	1h00
18-20 Dec. 2019	Short course <i>Revisões sistemáticas e meta-análises: Roteiro passo a passo dos manuais complicados à prática exequível</i> [Systematic reviews and meta-analyses: Moving step-by-step from complicated guidebooks to doable practice]. Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.	24h00

30 Oct. 2018	Research seminar <i>A revisão da literatura: Estratégias de leitura e sistematização da informação</i> [Literature review: Reading strategies and systematization of information], for students of the Master in Psychology, specialty in Clinical Psychology and Health. Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.	2h00
12 Mar. 2018	Research seminar <i>Introdução à análise de moderação</i> [Introduction to moderation analysis], for students of the Master in Psychology, specialty in Clinical Psychology and Health. Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.	2h00
5 Mar. 2018	Research seminar <i>Análises de regressão linear múltipla</i> [Multiple Linear Regression Analysis], for students of the Master in Psychology, specialty in Clinical Psychology and Health. Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.	2h00
25 Oct. 2017	Research seminar <i>A revisão da literatura: Estratégias de leitura e sistematização da informação</i> [Literature review: Reading strategies and systematization of information], for students of the Master in Psychology, specialty in Clinical Psychology and Health. Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.	2h00
Feb. 2016 – May 2016	Teaching of practical lessons of <i>Métodos de Investigação em Psicologia Clínica e da Saúde II</i> [Research Methods in Clinical and Health Psychology II], curricular unit for the 2 nd semester of the 1 st year of the Master in Clinical and Health Psychology (5 ECTS). School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.	60h00
Oct. 2015 – Jan. 2016	Teaching of practical lessons of <i>Métodos de Investigação em Psicologia Clínica e da Saúde I</i> [Research Methods in Clinical and Health Psychology I], curricular unit for the 1 st semester of the 1 st year of the Master in Clinical and Health Psychology (5 ECTS). School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.	60h00
Oct. 2015 – Jun. 2016	Teaching of seminars of <i>Dissertação em Psicologia Clínica e da Saúde</i> [Scientific Dissertation in Clinic and Health Psychology], curricular unit for the 2 nd year of the Master in Clinical and Health Psychology (18 ECTS). School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.	96h00
20 Oct. 2015	Seminar <i>Metodologias de investigação em psicologia e ciências sociais</i> [Research methods in psychology and social sciences], Common core module of the Doctoral Program in Health Sciences and the Interuniversity Doctoral Program in Aging and Chronic Diseases. Faculty of Medicine, University of Coimbra, Portugal.	3h00
May 2013	Short course <i>Comunicar em saúde: Contextos e grupos específicos</i> [Health communication: Specific groups and contexts]. Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.	12h00
Nov. 2012	Workshop <i>Condições crónicas de saúde</i> [Chronic health conditions]. CRIAP Institute – Psicologia e Formação Avançada, Porto, Portugal.	12h00

7.2. Supervision of theses and dissertations

Conclusion date:

26 Jul. 2019	Maria Beatriz Machado Moraes de Curado Mergulhão. <i>Paediatric short-stature: The effect of coping, height-related beliefs and satisfaction with social support on health-related quality of life</i> . Integrated Master in Psychology, specialty in Clinical Psychology and Health, Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.
17 Oct. 2018	Sara Costa da Silva Vallejo. <i>Qualidade de vida de crianças e adolescentes com baixa estatura: Estudo-piloto das versões portuguesas dos questionários QoLISSY</i> [Quality of life of children and adolescents with short stature: Pilot study of the Portuguese versions of the QoLISSY questionnaires]. Integrated Master in Psychology, specialty in Clinical Psychology and Health, Faculty of Psychology and Education Sciences, University of Coimbra, Portugal.
20 Dec. 2017	Juliana Gonçalves Meira. <i>Estudo psicométrico do Transition Readiness Assessment Questionnaire (TRAQ) em jovens portugueses saudáveis e com condições crónicas de saúde</i> [Psychometric study of the Transition Readiness Assessment Questionnaire (TRAQ) in Portuguese healthy and chronically ill youths]. Master in Clinical and Health Psychology, School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.

- 25 Jul. 2017 | Ângela Maria Cordeiro Cardoso. *Estudo psicométrico da versão portuguesa da Multidimensional Health Locus of Control Scale (MHLC) em jovens adultos saudáveis e com condições crónicas de saúde* [Psychometric study of the Portuguese version of the Multidimensional Health Locus of Control Scale (MHLC) in healthy and chronically ill youths]. Master in Clinical and Health Psychology, School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.
- 16 Feb. 2017 | Carina Cristina Codeço Brandão. *Avaliação do controlo situacional, adesão terapêutica e qualidade de vida em jovens e adultos com condições crónicas de saúde* [Secondary appraisal, adherence to treatments and quality of life in youths and adults with chronic health conditions]. Master in Clinical and Health Psychology, School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.
- 16 Feb. 2017 | Luís Teodoro Marques. *Adesão terapêutica em doentes crónicos na transição para a idade adulta: O papel moderador do agregado familiar* [Adherence to treatments in chronic patients in the transition to adulthood: The moderating role of household composition]. Master in Clinical and Health Psychology, School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.
- 16 Feb. 2017 | Maria de Lurdes Lopes Paulo dos Santos. *Contributo para o estudo psicométrico da Stress Appraisal Measure em jovens e adultos portugueses com condições crónicas de saúde* [Contribution to the psychometric study of Stress Appraisal Measure in Portuguese youths and adults with chronic health conditions]. Master in Clinical and Health Psychology, School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.
- 16 Feb. 2017 | Maria Madalena Codeço Brandão. *Percepção de stress, apoio social e qualidade de vida em jovens e adultos com condições crónicas de saúde* [Stress appraisal, social support and quality of life in youths and adults with chronic health conditions]. Master in Clinical and Health Psychology, School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.
- 8 Nov. 2016 | Jéssica Carolina Oliveira Reis. *Locus de controlo da saúde e adesão terapêutica em jovens e adultos com condições crónicas de saúde: O papel moderador do grupo etário* [Health locus of control and adherence to treatments in youths and adults with chronic health conditions: The moderating role of age-group]. Master in Clinical and Health Psychology, School of Psychology and Life Sciences, Universidade Lusófona, Lisbon, Portugal.

8. Additional skills

- 23 May 2011 | Cambridge ESOL (English for Speakers of Other Languages) Certificate no. 0030779356, 23/05/2011 (Council of Europe Level B2)
- 29 Dec. 2008 | Certificado de Competências Pedagógicas [Pedagogical Aptitude Certificate] no. EDF 488638/2008 DC